August 2026 Issue -04

Vidya Sanskaar International Public School

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ABHIVYAKTI | ಅಭಿವ್ಯಕ್ತಿ | अभिव्यक्ति



“ನಿನ್ನ ಧ್ವನಿ ಚಿಕ್ಕದಾಗಿರಬಹುದು, ಆದರೆ ನಿನ್ನ ಅಭಿವ್ಯಕ್ತಿ ಬದಲಾವಣೆಗೆ ಕಾರಣವಾಗಬಹುದು.”

Your voice may be small, but your expression can inspire change.

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Letter from the CEO

The Symphony of Education–Building a Legacy of Trust, Innovation, and Love

Dear Parents, Teachers, Staff, and My Dear Students,

It is with immense pride that I welcome you to this milestone edition of Abhivyakti (Volume II, Issue IV). Marking our first anniversary and stepping confidently into our second year stands as a beautiful testament to our collective growth, shared stories, and the enduring values that define Vidya Sanskaar Educational Institutions.

A school ecosystem, stretching from Nursery to Class X, is a vibrant, living organism. Our success relies entirely on a synchronized, collaborative matrix where four core pillars work in perfect harmony:
Our Students: You are the heart of our campus. We urge you to view learning not as a chore, but as an enriching adventure.
Our Parents: Your trust is our foundation. Education truly thrives when home and school share a common language of encouragement and emotional security.
Our Faculty: As the architects of our daily culture, you expertly guide our young learners with genuine care and passion.
Our Management: We remain dedicated to providing the strategic direction, robust infrastructure, and support needed for our entire community to excel.

Our campus culture is a sanctuary for creativity and innovation. We intentionally move away from standardized, assembly-line methods to inspire original, critical thought through structured academic pathways, sports, and cultural collaborations.

To my esteemed teaching and non-teaching colleagues, the secret to our extraordinary environment lies in loving your profession. Teaching is never a mere transaction of facts; it is a profound human connection. When driven by genuine passion, it transforms a routine lesson into an unforgettable spark of inspiration. Similarly, our non-teaching staff manage our workflows with administrative speed and deep care, ensuring a secure, well-structured world where children feel valued.

An institution is built brick by brick on the bedrock of trust and loyalty. This sacred bond between our families and the Vidya Sanskaar Educational Trust keeps us rock-solid through changing educational landscapes. As Abhivyakti begins its second year as a living ledger of our triumphs, let us recommit to this beautiful partnership and move forward together with love, vision, and curiosity.



Best Wishes,
Dr. Satish M Bejjihally
Ph.D, M.Phil, M.Sc, B.Ed, MBA (Edu), PGDEAS
CEO, Vidya Sanskaar Educational Institutions

Guru Purnima - Parent Activity- Pre-Primary









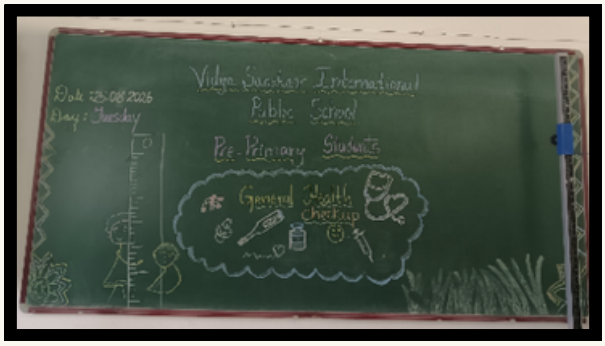


Honoring Mentors
Celebrating the teachers and guides who shape our young learners every day

Gratitude Together
Parents and children come together to express appreciation and joy

Early Learner Activities
Specially designed activities that are fun, meaningful, and age-appropriate

Student Awareness Program – Healthy Eating Habits







A general health check-up was conducted for the primary students by our school nurse, Ms. Kaveri.
The students were examined for their overall health and well-being.
The check-up encouraged students to follow healthy habits and maintain good personal hygiene.

International Youth Day

Youth Potential
Celebrating the incredible energy, creativity, and potential that every student carries

Skills & Confidence
Workshops focused on building confidence, leadership skills, and personal growth

Community Impact
Inspiring students to think beyond themselves and make a positive difference around them

Guru Samman Award 2026

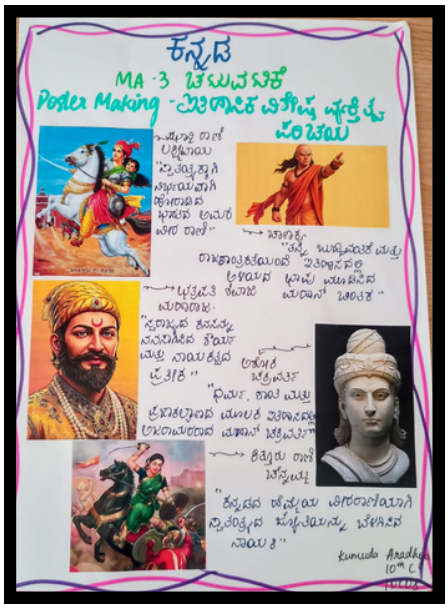


We are delighted to share that **Ms. Pushpalatha, our Pre-Primary Teacher,** has been honoured with the **"Creative Nurturer Award"** in the **Guru Samman 2026** Newsletter.

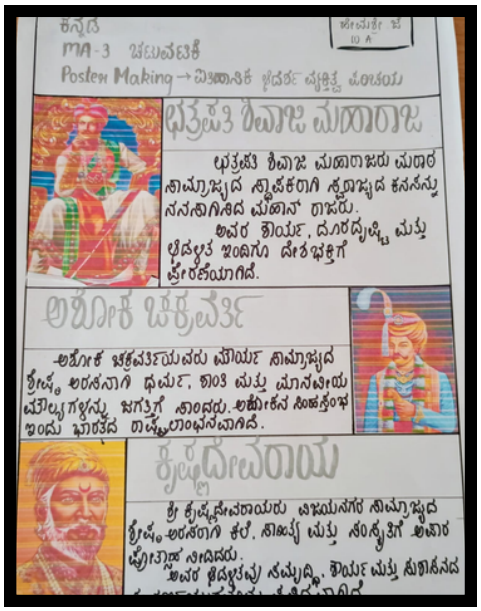
Her creativity, dedication, and nurturing approach continue to inspire young learners and make a meaningful difference in their early education. 🌸📚

We proudly congratulate Ms. Pushpalatha on this well-deserved recognition and wish her continued success! 🎉👏

Class X Kannada Student Activity







Independence Day

















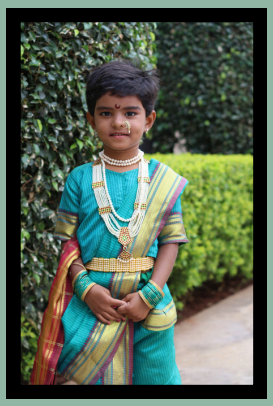


















- Patriotic assembly honoring India's freedom struggle.
- Students participated in flag hoisting and the National Anthem.
- Special performances and speeches highlighting national pride.

Junior Sports Day
National Sports Day/ Senior Sports Day



















Junior Sports Day and Senior Sports Day were conducted on 28th and 29th August with great enthusiasm and participation. Parents were also involved in various fun and exciting activities, making the event more enjoyable for everyone.

Medals and certificates were presented to the students and parents in recognition of their participation and achievements. The event was a wonderful celebration of sportsmanship, teamwork, and healthy competition.

Library Books Exhibition

















Our school conducted Library Books Exhibition in the school library. The exhibition displayed a wide variety of books, including storybooks, science books, biographies, and general knowledge books.

Students and teachers visited the exhibition with great interest. They enjoyed exploring the books and learned about the importance of reading. The event encouraged students to develop a good reading habit.

The exhibition was a great success and created a joyful reading experience for everyone.

Fancy Dress Competition – Pre-Primary







A Fancy Dress Competition was conducted for the Pre-Primary students with great enthusiasm and excitement. The little ones dressed up in colourful and creative costumes, bringing a variety of characters to life.

The children confidently presented themselves on stage and spoke a few words about their chosen characters. Their adorable performances filled the atmosphere with joy and laughter. The competition provided a wonderful opportunity for our young learners to express their creativity, build confidence, and overcome stage fear.

Sanskaar Sante- Pre-Primary









Sanskaar Sante was conducted for our Pre-Primary children with great enthusiasm and joy. The little ones happily participated in the activity by selling vegetables and fruits. They enjoyed taking on the roles of vendors and customers, making the event a fun and meaningful learning experience.

The activity helped children develop confidence, communication skills, and an understanding of buying and selling in a joyful, hands-on way.

Raksha Bandhan Celebration- Pre Primary







Traditional Festival
Honoring the beautiful bond between siblings through a beloved cultural tradition

Crafts & Activities
Age-appropriate and joyful crafts that bring festive spirit to our little learners

Family Values
Learning about love, care, and the importance of family relationships from an early age

Healthy Meal Day from Pre Primary







A special day focused entirely on nutritious, balanced, and delicious meal. Students experienced healthy eating in action — learning by doing, Building lasting awareness about wellness, self-care, and good daily habits.

Best Student and Class Monitor

CLASS Preprimary				
Sl No.	**Month**	**Class & Section**	**Best Student**	**Class Monitors**
1	**August**	Nursery A	Theeksha Gowda P	1- Nandan G 2- Dhakshatha S
2		Jr KG A	Dheeran CM	1- Vihar M 2- Reeya M
3		Jr KG B	Dimpana H	1- Ganvith 2- Thoshika B
4		Sr KG A	Vibhav P	1- Jisha Gowda MC 2- Khavin S
5		Sr KG B	Ganishka N	1- Samarth N 2- Duthi P
6		Sr Kg C	Anvik Kavan Gowda	1- Sumedh N 2- Varshini M
7		Sr KG D	Charishiya	1- Janya L 2- Vihaan A

Best Student and Class Monitor

CLASS 1-2				
Sl No.	**Month**	**Class & Section**	**Best Student**	**Class Monitors**
1	August	1A	Shivya Sharma	1- Ghanya Vardhana L 2- Hanvika G R
2		1B	Vanya.C	1- Jeevitha R 2- Lalith Krishna R
3		1C	Lekhana V	1- Aarna H 2- Navaneesh S
4		1D	Pradhanya P	1- Hemanth Surya 2- Vasundara N
5		2A	Aadhya Praneeth	1- Kushal G Gowda 2-Dhanvitha.M
6		2B	Jishnushashinandan	1- Shourya P 2- Niranth Gowda H S
7		2C	Urjith Gowda S A	1- Janya L 2- Vihaan A
8		2D	Bhagat S	1- Shamith M 2- Sanvika M

Best Student and Class Monitor

CLASS 3-4				
Sl No.	**Month**	**Class & Section**	**Best Student**	**Class Monitors**
9		3A	S Lithiksha	1- Nawyan Hardik Jani 2- Kushi B
10		3B	Vaishnavi	1- Atharava C 2- Pragnya R
11		3C	Kanasu S Gowda	1- Jnanav 2- Mourya M
12		3D	Girish Chandra BK	1- Charvik M 2-Niyathi Srivathsava
13	**August**	3E	Tejupriya.K	1- Parineetha Chethan 2-Hethvick C Gowda
14		4A	Jatin V	1- Hanvika Gowda 2-Vedhanth K C
15		4B	Manvith N	1- Charith B 2- Shriya S
16		4C	Vedhanth H Gowda	1- Ved pavan kumar 2-Lakshya sreenivas
17		4D	Sathvik K	1- Shushwitha C 2- Vekshith K
18		4E	Achintya D	1- Vandana M. B 2- Yathin .C

Monthly Activities winner
Class 1-4

MONTH	ACTIVITY	CLASS/SEC	1st	2nd	3rd
AUGUST 2026	Origami Flag Making	1A	Aakuthi B	Sanchith Kumar HS	Daanya BM
		1B	Jayasamarth P Aithal	Nuthan S Gwoda	Sahishnutha R
		1C	Roshini R Sindhu	Dakshith G	Dhanvith Gowda R
		1D	Anved	Dushya Gwoda N	Lahari V
	Origami Flag Making	2A	Nesar Gowda..R.	Aadhya Praneeth.A.	Pranam Poojary.
		2B	Dishita.V.	Pranam Gowda.R.	Hanvith.A.Gowda.
		2C	Rishi	Chintana.G.S.	Punarvasu.N.C.
		2D	Shamit.M.	Abhishek Gowda.S.	Nishvika.
	Mind game	3A	Kushi B	S. Lithiksha	Manvith Gowda HM
		3B	Siddhartha. V	Manvith. M	Samanth Gowda. M
		3C	Yashas Gowda B M	Kanasu S Gowda	Krishaa
		3D	Charvik M	Charvik KP	Dhanvith S Veer
		3E	Gloria Jimson	Tasya P	Nehal Potadar
	Mind game	4A	K. Jhanyu Bilaha	Hanvika Gowda	Gnanavi. R
		4B	G R Janesh gowda	Athanya Rachana	Charith B
		4C	Chiranth B	Lakshmishree A	Nivitha S G
		4D	Bharath S	Abhyudaya Pradeep	Dhakshith
		4E	M. Manyashree Gowda	Abhay Rajashekar soddy	Hruthik Gowda S

Monthly Activities winner Preprimary

MONTH	ACTIVITY	CLASS/SEC	1st	2nd	3rd
AUGUST 2026	Fancy Dress	Nursery	Parinaya R	Vibha K	Avishka Teja Gowda
		Jr KG A	Dhrithi SH	Ganishka Manoj	Akshay H
		Jr KG B	RakshaV	Harshith G Gowda	Manvik K
		Sr KG A	Maharshi Trinay M	Jisha Gowda MC	Adithi Vinod V
	Fancy Dress	Sr KG B	Tanvik H Gowda	Amarthya HS	Chiranthana S
		Sr KG C	Tushanth Tej Y	Anvik Kavna Gowda	Chanvi Gowda N
		Sr KG D	Yanira Kumar K	Hitesh Gowda S	Punarvi H Gowda

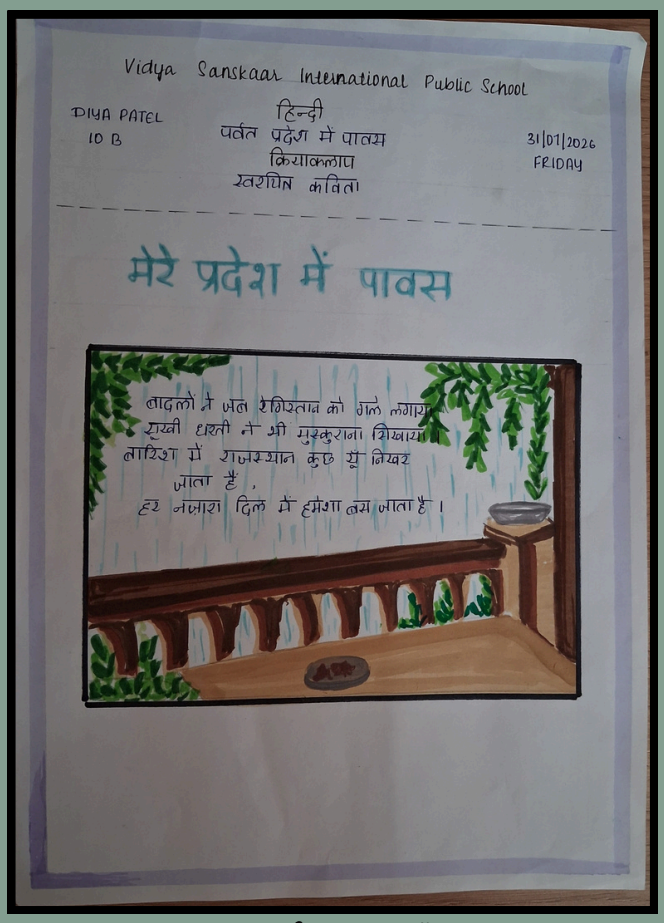
Student Corner


Vidya Sanskaar International Public School
हिन्दी
स्वरचित कविता
मेरे प्रदेश में पावस
भावना चौधरी
X 'B'
01/08/2026

मेरे राजस्थान में पावस आया,
सूखी धरती ने रूप सजाया।
ठंडी-ठंडी हवा है चलती,
सबके मन में खुशी है पलती।

काले बादल नभ में छाए,
मोर खुशी से नाच दिखाए।
पावस लाता सुख और हरियाली
राजस्थान की बढ़ती खुशहाली।

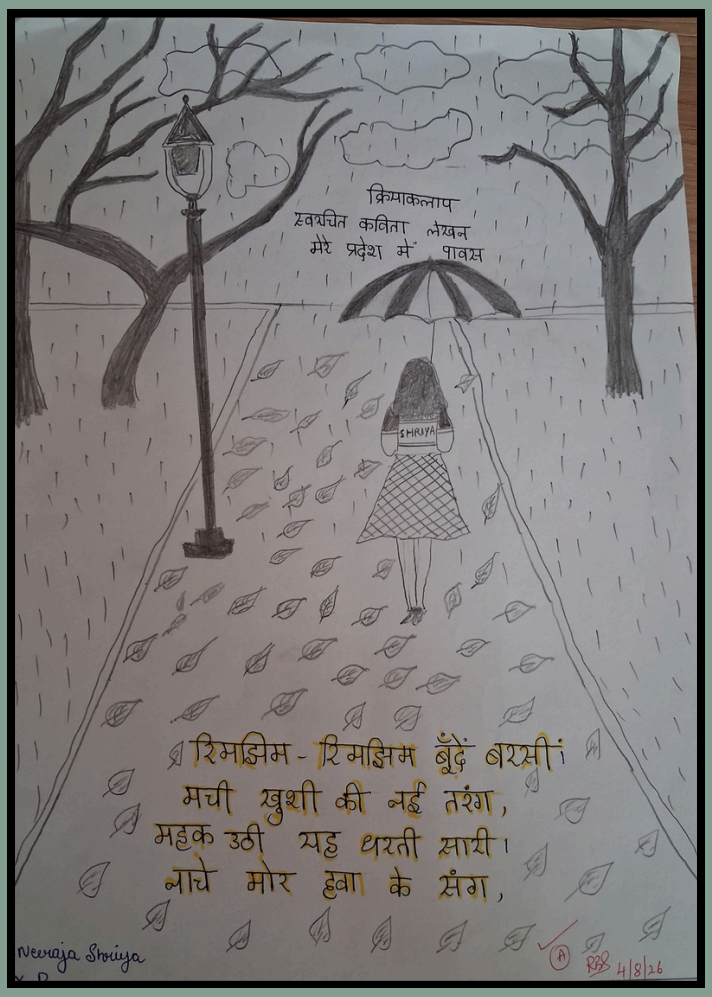
Bhavana Choudhry
10B


Vidya Sanskaar International Public School
DIYA PATEL
10 B
हिन्दी
पर्वत प्रदेश में पावस
क्रियाकलाप
स्वरचित कविता
31/01/2026
FRIDAY

मेरे प्रदेश में पावस

बादलों ने जब रेगिस्तान को गले लगाया,
सूखी धरती ने भी मुस्कुराना सीखाया।
बारिश में राजस्थान कुछ यूँ निखर
जाता है,
हर नज़ारा दिल में हमेशा बस जाता है।

Diya Patel
10B


क्रियाकलाप
स्वरचित कविता लेखन
मेरे प्रदेश में पावस

SHRIYA

रिमझिम-रिमझिम बूँदें बरसीं
मची खुशी की नई तरंग,
महक उठी यह धरती सारी।
नाचे मोर हवा के संग,

Neeraja Shriya
A
4/8/26

Neeraja Shriya
10B


VIDYA SANSKAAR INTERNATIONAL PUBLIC SCHOOL
Surabhi. A. Patel
X 'B'
क्रियाकलाप
स्वरचित कविता
मेरे प्रदेश में पावस
31/7/2026

जब मेरे घर के पास बारिश आती है;
तो मोहल्ला छा जाता है।

बगीचे में मिट्टी की खुशबू
तो रोसे, जैसे झूम उठती है।

दादा-दादी को चाहिए
चाय पकोड़े और बच्चो
को भीगना।

घर की छत में टप-टप आवाज़
और बिजली की चमक, पता नहीं।
बच्चे को इससे डराने का मज़ा आता है।

A
RP
6/8/26

Surabhi A Patel
10B

Staff Corner

Chana Balls

Preparation Method

Ingredients	
Kala chana (Black chickpeas)	1 cup (dry)
Potato (boiled)	1 medium
Onion (finely chopped)	1 small
Carrot (grated)	½ cup
Coriander leaves	2 tbsp
Ginger-garlic paste	1 tsp
Green chilli (optional)	1
Roasted cumin powder	½ tsp
Garam masala	½ tsp
Chaat masala	½ tsp
Lemon juice	1 tsp
Bread crumbs or roasted gram flour	2–3 tbsp
Salt	As needed
Oil	1–2 tbsp for shallow frying



Channa for 8 hrs and cook it with potatoes by adding salt

Prepare the Mixture

- Mash the cooked kala chana and boiled potato.
- Add grated carrot, chopped onion, coriander and ginger-garlic paste..
- Add cumin powder, garam masala, chaat masala, lemon juice and salt.
- Mix in breadcrumbs or roasted gram flour.
- Prepare a firm mixture and shape them into round or oval easily
- Heat a pan and lightly grease it with oil.
- Shallow fry on medium heat until golden brown on both sides.
- Serve hot with mint chutney, coriander chutney as a healthy evening snack for children
- Garnish with coriander leaves and a squeeze of lemon.



Roopa J
CFP
VSIPS

Staff Corner

Patience

Rahul and Mohan were close friends for nearly six years. While Rahul's cloth business flourished, Mohan struggled to keep his traditional provision store afloat after a shiny new supermarket opened nearby. Drawn in by discounted prices, the neighborhood flock to the supermarket, leaving Mohan's shop virtually empty.

Refusing to let Mohan fail, the duo pooled their ideas and launched an evening chat and juice stall right alongside their morning operations. The strategic shift worked—shoppers finishing up at the supermarket naturally drifted over to their stall for evening snacks and fresh juice.

Over time, the tide turned. As the supermarket's food quality and product standards began to drop, customers grew dissatisfied. One day, a regular at the juice stall voiced what everyone was feeling: the market's cheap goods were degrading in quality, and people missed the care and trust of traditional shops.

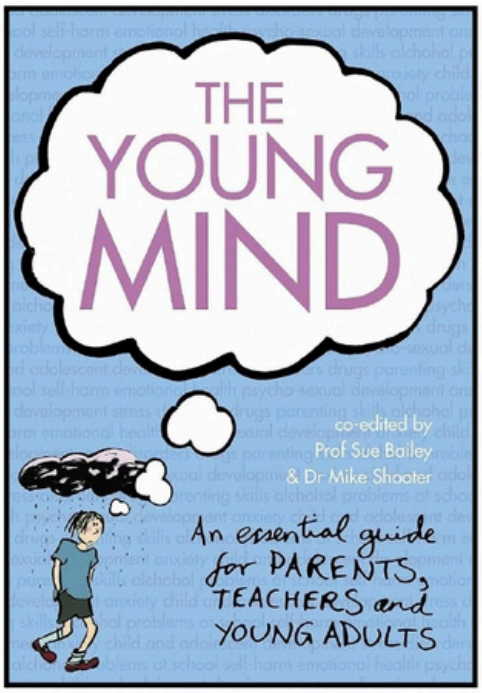
Realizing the community was ready to return, Rahul and Mohan renovated their provision store to welcome them back. Soon enough, crowds poured in to buy reliable goods, proving that quality, adaptability, and patience will always win in the end.

Prarthana S R
CHP
Vidya Sanskaar International Public School



Staff Corner

How to deal with YOUNG MINDS



- Understand Before You Correct – Try to understand why a child is behaving in a particular way before correcting them.
- Listen to Them – Give children time to express their thoughts, feelings and concerns.
- Be Patient – Young children are still learning how to manage their emotions and behaviour.
- Use Positive Words – Encourage children with words such as "You can try again," "I believe in you," and "Good effort!"
- Make Learning Enjoyable – Use stories, games, songs, art and activities to keep children engaged.
- Respect Individual Differences – Every child learns and develops at their own pace.
- Teach Through Example – Children often learn by observing adults. Show kindness, respect, patience and responsibility.
- Set Clear and Consistent Boundaries – Simple, age-appropriate rules help children feel secure and understand expectations.
- Celebrate Effort, Not Just Results – Appreciate perseverance, participation and improvement.
- Build Trust – When children feel safe, valued and understood, they are more willing to learn and communicate.

"Young minds do not need perfect teachers; they need caring adults who listen, understand, guide and believe in them."

Lavanya R
Preprimary
Vidya Sanskaar International Public School



Staff Corner

A Day of Discovery:
Open Day at Vidya Sanskaar International Public School

12th September | Theme: Sustainability and Biodiversity

On 12th September, Vidya Sanskaar International Public School came alive with energy, colour, and purposeful learning as we hosted our Open Day under the meaningful theme of Sustainability and Biodiversity. The entire school opened its doors to parents, students, and guests for a full day of exploration that went far beyond the classroom. Along with subject displays, the event featured sports, mehendi, arts, and an evening filled with games—making it a truly memorable celebration of learning and togetherness.

As the Class 4 Mathematics teacher, I had the privilege of taking responsibility for one of the classrooms. This being my first year at the school, it was also my first opportunity to witness and be part of such a beautifully organised Open Day. The experience left me truly inspired and grateful.

In our Math room, students and parents engaged in hands-on activities that linked numbers with nature. Children measured water footprints, created bar graphs on biodiversity, solved real-life problems about recycling and green spaces, and explored patterns found in leaves and flowers. Watching my students confidently guide visitors and explain their work filled me with pride. Their enthusiasm showed how mathematics can help us understand and protect the world around us.

Beyond the academic rooms, the school grounds buzzed with activity. Sports events encouraged teamwork and physical fitness, while the mehendi stalls added colour and creativity. Art corners displayed beautiful work, many pieces made from recycled materials in keeping with the theme of sustainability. As the day progressed into the evening, games brought everyone together in laughter and friendly competition, creating a joyful atmosphere that parents and children thoroughly enjoyed.

What stood out most for me was the sense of community. Students, teachers, and parents moved freely between subject rooms, sports areas, art displays, and game zones, all united by the shared theme of caring for our planet. The balance of learning, creativity, physical activity, and pure fun made the day complete.

This Open Day was more than an exhibition; it was a celebration of inquiry, creativity, and collective spirit. For me, as a new teacher experiencing it for the first time, it was a memorable and heart-warming day. I feel fortunate to have been part of it and look forward to many more such enriching moments at Vidya Sanskaar International Public School.



Amrutha M

Department of Mathematics

Vidya Sanskaar International Public School

Art Corner



Pavan M Vedanth
10 C



Janika
2A



Diya patel
10 B



Dhruti R
10 B

Important Events in September

- Krishna Janmashtami Celebration
- Teachers Day Celebration
- Open Day - Sanskaar Spectrum
- Engineer's Day
- Class Nursery -10 Half Yearly Examination Starts
- CBSE Sports Achievements
- Gowri Ganesha Celebration
- Hindi Diwas

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